

➤➤➤ 2024 MUSTANG ATHLETICS

SUMMER CAMPS

REGISTRATION IS OPEN!

<https://maranathachristian-ar.schooltoday.com/>



➤➤➤ BOYS BASKETBALL CAMPS

MCA Boys Basketball Head Coach, Matt Shepherd, will be the lead coach and will be assisted by current MCA players. This camp is open to boys who are interested in learning about the sport of basketball and working on skills such as ballhandling, passing, shooting, and offensive and defensive concepts. No experience is necessary.

ALL SKILLS CAMP I: JUNE 17-20

- Time: 9:00-11:00 am
- Grades: 5-8
- Location: MCA Gym
- Cost: \$150

ALL SKILLS CAMP II: June 24-27

- Time: 9:00-10:30 am
- Grades: 2-4
- Location: MCA Gym
- Cost: \$125

➤➤➤ CAMP FACILITIES

MARANATHA CHRISTIAN ACADEMY
9201 75th Avenue N.
Brooklyn Park, MN 55428

NOBLE SPORTS PARK
4701 97th Avenue N.
Brooklyn Park, MN 55443



➤➤➤ GIRLS BASKETBALL CAMPS

MCA Girls Basketball Head Coach, Faith Johnson Patterson, will be the lead coach. She is a Hall of Fame coach with over 27 years of experience. This camp is open to girls who are interested in learning about the sport of basketball and working on skills such as ballhandling, passing, shooting, and offensive and defensive concepts. No experience is necessary.

ALL SKILLS CAMP I: JULY 10-12

- Time: 1:00-3:00 pm
- Grades: 5-8
- Location: MCA Gym
- Cost: \$125

ALL SKILLS CAMP II: JULY 16-18

- Time: 1:00-3:00 pm
- Grades: 2-4
- Location: MCA Gym
- Cost: \$125

Coach Bob Taylor, former college player, 30-year veteran head collegiate coach, youth basketball guru and author of the book, "The Old Man in the Gym", will be the lead coach along with Head Coach Faith Johnson Patterson and Assistant Coach Bob Wiley. The focus of this camp will be on building basketball essentials and improving basketball IQ.

ELITE CAMP: JULY 24-26

- Time: 1:00-4:00 pm
- Grades: 8-12
- Location: MCA Gym
- Cost: \$150



➤➤➤ CROSS COUNTRY CAMP

MCA Boys and Girls Cross Country Head Coach, Justin Phad, will be the lead coach. He has been training cross country athletes for over 10 years. This camp is open to boys and girls who are interested in learning about cross country and working on the basics of running, benefits, teamwork, and importance of nutrition. No experience is necessary.

CC CAMP: JUNE 10-13

- Time: 3:00-5:00 pm
- Grades: 6-12
- Location: Elm Creek Park *Bluebird
- Cost: \$125

➤➤➤ MUSTANGS SOCIAL MEDIA

BE IN THE KNOW!

- FACEBOOK - MCAMUSTANGSMN
- INSTAGRAM - MCAMUSTANGS_ATHLETICS
- X - MCA_TEAMS



>>> SOCCER CAMPS

MCA Girls Soccer Assistant Coach, Morgan Diaz, will be the lead coach and will be assisted by current MCA boys and girls soccer players. This camp is open to boys and girls who are interested in learning about the sport of soccer and working on skills such as dribbling, passing, juggling, trapping, shooting, and game play. No experience is necessary.

ALL SKILLS CAMP: JUNE 17-20

- Time: 9:00-10:30 am
- Grades: 2-5
- Location: MCA Playground Field
- Cost: \$125

MCA Boys Head Soccer Coach, Adi Bilani, and Girls Head Coach, Ian Sendi, will be the lead coaches along with assistant coaches on staff. This camp is open to boys and girls who are interested in playing soccer at the middle school or high school level and working on skills such as dribbling, passing, juggling, trapping, shooting, goalkeeping, communication, agility, offensive and defensive systems, and game play. Experience playing soccer in middle school, high school, or club is preferred but not necessary.

ELITE CAMP: JULY 15-18

- Time: 9:00-11:00 am
- Grades: 6-12
- Location: Noble Sports Park
- Cost: \$150

>>> SPEED & STRENGTH



Chaz Mahle, former strength coach for the Minnesota Vikings, will be the lead trainer. Chaz has trained professional and college level athletes for over 20 years. This program is based on sound physiological principles focusing on injury prevention, flexibility, and building strength to enhance athletic performance. MCA athletes who want to improve their performance are strongly encouraged to attend these training sessions.

SESSION I: JUNE 10 - JULY 10

- Time: 8:00-9:00 am *Mon-Thurs
- Grades: 7-12
- Location: MCA Weight Room
- Cost: \$125

SESSION II: JULY 15 - AUGUST 8

- Time: 8:00-9:00 am *Mon-Thurs
- Grades: 7-12
- Location: MCA Weight Room
- Cost: \$125



>>> SOFTBALL CAMPS

MCA Softball Head Coach, Jamie Axelberg, will be the lead coach and will be assisted by current MCA players. She led the Mustangs to their second Skyline Conference Championship a year ago. This camp is open to girls who are interested in learning about the sport of softball and working on skills such as throwing, catching, hitting, and base running. No experience is necessary.

ALL SKILLS CAMP I: JUNE 24-27

- Time: 8:30-10:00 am
- Grades: 2-4
- Location: MCA Playground Field
- Cost: \$125

This camp is open to girls who are interested in playing Softball at the middle school or high school JV level and working on skills such as throwing, catching, hitting, and base running. No experience is necessary.

ALL SKILLS CAMP II: JUNE 24-27

- Time: 10:30 am - 12:00 pm
- Grades: 5-8
- Location: MCA Playground Field
- Cost: \$125



>>> VOLLEYBALL CAMPS

MCA Volleyball Head Coach, Drew Rongere, will be the lead coach. He has been coaching high level volleyball for 23 years and has trained hundreds of athletes who have gone on to play at the collegiate level. This camp is open to girls who are interested in learning about the sport of volleyball and working on skills such as passing, hitting, setting, and serving. No experience is necessary.

ALL SKILLS CAMP I: JUNE 10-13

- Time: 9:00-10:30 am
- Grades: 2-5
- Location: MCA Gym
- Cost: \$125

This camp is open to girls who are interested in playing volleyball at the middle school or high school c-team level and working on skills such as passing, hitting, setting, and serving. No experience necessary.

ALL SKILLS CAMP II: JUNE 10-13

- Time: 10:30 am - 12:00 pm
- Grades: 6-8
- Location: MCA Gym
- Cost: \$125

MCA Volleyball Head Coach, Drew Rongere, will be the lead coach. He has been coaching high level volleyball for 23 years and has trained hundreds of athletes who have gone on to play at the collegiate level. Current college players will also be assisting at these training sessions. These seven training sessions are in place of an elite camp and are open to girls who are interested in playing volleyball at the high school level and working on skills such as passing, hitting, setting, serving, blocking, communication, footwork, and offensive/defensive systems. Participants should have experience playing volleyball in high school or club.

ELITE TRAINING SESSIONS

JULY 9, 11, 16, 18, 23, 25, 30

- Time: 9:00-11:00 am *Tues & Thurs
- Grades: 8-12
- Location: MCA Gym
- Cost: \$150