

## November 2023



## **MARANATHA HOT LUNCHES PK-12**

30

Lasagna Roll

K-12 Garlic Toast PK Dinner Roll (WG)

Steamed Green Beans Fruit of the Day

\*Premium Includes Dessert

**Boneless Chicken Wings &** Ranch

**Buttered Mashed Potatoes** Steamed Green Beans Fruit of the Day Pk Only- Goldfish Pretzels

\*Premium Includes Dessert

All Beef Hot Dog

Ketchup & Mustard CKC Baked Beans K-12 Bag of Chips PK Animal Crackers (WG)

Fruit of the Day

\*Premium Includes Dessert

**Parent Conferences** 

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Sesame Chicken (WG)

Seasoned White Rice w/Soy

Steamed Broccoli Fortune Cookie

Fruit of the Day \*Premium Includes Dessert 7

31

Pancakes (WG)

Syrup & Margarine Sausage Patty Breakfast Cubes w/Ketchup Fruit of the Day

\*Premium Includes Dessert

1

Penne Pasta & Meatballs

Dinner Roll (WG) & Margarine

Crisp Iceberg Salad, Croutons & Dressing

Fruit of the Day

\*Premium Includes Dessert of the Day & Garlic Toast

Godfather's Pizza

(Cheese, Pepperoni or Sausage)

Caesar Salad

Croutons & Dressing

Fruit of the Day

PK Only- Goldfish Pretzels (WG)

\*Premium Includes 2 Chocolate Chip Cookies 10

5-12 Spicy Chicken Wrap PK-4 Chicken Tenders Wrap

Ranch & Ketchup

Flour Tortilla, Shred. Lettuce, Diced Tomatoes, & Cheese

Assorted Bag of Chips

Fruit of the Day

\*Premium Includes Dessert

13

French Toast

Svrup

Sausage Links

Breakfast Cubes & Ketchup

Fruit of the Day

PK Only- Chocolate Caramel

Chex Mix \*Premium Includes Dessert 14

Mac & Cheese

Dinner Roll (WG) Steamed Green Beans

Fruit of the Day

\*Premium Includes Dessert

15

Popcorn Chicken (WG)

Ketchup or Ranch

**Buttered Mashed Potatoes** 

Steamed Corn

Fruit of the Day

\*Premium Includes Dessert

**Thanksgiving Break** 

Godfather's Pizza (Cheese, Pepperoni or Sausage)

Caesar Salad

Croutons & Dressing

Fruit of the Day

PK Only- Goldfish Pretzels (WG)

\*Premium Includes 2 Chocolate Chip Cookies 17

**Walking Taco** 

Tortilla Round Chips (WG) & Seasoned Beef

Shred. Lettuce, Diced Tomatoes, Cheese & Sour Cream

Steamed Corn

Fruit of the Day

\*Premium Includes Dessert & Doritos Nacho Chips

20

Orange Chicken (WG)

Seasoned White Rice w/Sov

Broccoli & Carrots w/Ranch Fruit of the Day

\*Premium Includes Dessert

21

Belgian Waffle

Strawberry & Whip Topping (or syrup)

Sausage Patty

Breakfast Cubes & Ketchup

Fruit of the Day

PK Only- Chocolate Caramel Chex Mix (WG) \*Premium Includes Dessert

22

23

Thanksgiving Break

24

**Thanksgiving Break** 

27

Beef Ravioli Lasagna

Dinner Roll (WG) & Margarine

Crisp Iceberg Salad, Croutons & Dressing

\*Premium Includes Dessert

Fruit of the Day

28

Chicken Fritters (WG)

Ketchup Assorted Bag of Chips Baby Carrots & Ranch

\*Premium Includes Dessert

Fruit of the Day

29

Cheeseburger

Bun (WG), American Cheese Ketchup, Mustard & Pickles Fries

Fruit of the Day

\*Premium Includes Dessert

30

Godfather's Pizza

(Cheese, Pepperoni or Sausage)

Caesar Salad

Croutons & Dressing

Fruit of the Day PK Only- Goldfish Pretzels (WG)

\*Premium Includes 2 Chocolate Chip Cookies

Sweet & Sour Chicken (WG)

Seasoned White Rice w/Soy

Steamed Sweet Peas Fruit of the Day

\*Premium Includes Dessert

<sup>\*</sup>Please remember that online deposits can be made via your Factsmgt.com account.

<sup>\*\*</sup>For PK Students, 1% Milk is the required beverage. It may be brought from home or purchased at MCA.

<sup>\*\*\*</sup>WG Refers to Whole Grain Products.