



October 2025



K-12 ALTERNATE MEAL OPTIONS

M	T	W	Th	F
29 Deli Sandwich : Meatball Sub Soup: Tortellini Chicken Alfredo Salad: SW Chicken Taco Vegetarian: Pizza Crunchers & Dip Allergen: Pre-Order Morning of With Cashier	30 Deli Sandwich: Italian Combo Soup: Tortellini Chicken Alfredo Salad: SW Chicken Taco Vegetarian: Pancakes Allergen: Pre-Order Morning of With Cashier	1 Deli Sandwich: Ham & Cheese Soup: Tortellini Chicken Alfredo Salad: SW Chicken Taco Vegetarian: Egg & Vegetable Fried Rice Allergen: Pre-Order Morning of With Cashier	2 Salad: SW Chicken Taco	3 Deli Sandwich: Grilled Cheese Soup: Tortellini Chicken Alfredo Salad: SW Chicken Taco Vegetarian: Bean & Cheese Pupusa Allergen: Pre-Order Morning of With Cashier
6 Deli Sandwich: Turkey & Cheese Soup: Chili w/Cheese Salad: Chef Vegetarian: Garden Burger w/Cheese Allergen: Pre-Order Morning of With Cashier	7 Deli Sandwich: Meatball Sub Soup: Chili w/Cheese Salad: Chef Vegetarian: Buttered Noodles Allergen: Pre-Order Morning of With Cashier	8 Deli Sandwich: Italian Combo Soup: Chili w/Cheese Salad: Chef Vegetarian: Pizza Crunchers Allergen: Pre-Order Morning of With Cashier	9 Salad: Chef	10 Deli Sandwich: Ham & Cheese Soup: Chili w/Cheese Salad: Chef Vegetarian: Lasagna Roll Allergen: Pre-Order Morning of With Cashier
13 Deli Sandwich: Grilled Cheese Soup: Loaded Potato & Cheese Salad: Grilled Chicken Caesar Vegetarian: Wild Mike's Cheese Bites Allergen: Pre-Order Morning of With Cashier	14 Deli Sandwich: Turkey & Cheese Soup: Loaded Potato & Cheese Salad: Grilled Chicken Caesar Vegetarian: Cheese Quesadilla Allergen: Pre-Order Morning of With Cashier	15 Deli Sandwich: Meatball Sub Soup: Loaded Potato & Cheese Salad: Grilled Chicken Caesar Vegetarian: Egg & Vegetable Fried Rice Allergen: Pre-Order Morning of With Cashier	16 Professional Day	17 Professional Day
20 Deli Sandwich: Italian Combo Soup: Chicken Wild Rice Salad: SW Chicken Taco Vegetarian: Garden Burger w/Cheese Allergen: Pre-Order Morning of With Cashier	22 Deli Sandwich : Ham & Cheese Soup: Chicken Wild Rice Salad: SW Chicken Taco Vegetarian: Buttered Noodles Allergen: Pre-Order Morning of With Cashier	23 Deli Sandwich : Grilled Cheese Soup: Chicken Wild Rice Salad: SW Chicken Taco Vegetarian: Grilled Cheese Sandwich Allergen: Pre-Order Morning of With Cashier	25 Salad: SW Chicken Taco	25 End Quarter 1
27 Deli Sandwich : Turkey & Cheese Soup: Tortellini Chicken Alfredo Salad: Chef Vegetarian: Italian Dunkers Allergen: Pre-Order Morning of With Cashier	28 Deli Sandwich: Meatball Sub Soup: Tortellini Chicken Alfredo Salad: Chef Vegetarian: Grilled Cheese Sandwich Allergen: Pre-Order Morning of With Cashier	29 Deli Sandwich: Italian Combo Soup: Tortellini Chicken Alfredo Salad: Chef Vegetarian: Wild Mike's Cheese Bites Allergen: Pre-Order Morning of With Cashier	30 Salad: Chef	31 Deli Sandwich: Ham & Cheese Soup: Tortellini Chicken Alfredo Salad: Chef Vegetarian: French Toast Sticks Allergen: Pre-Order Morning of With Cashier

*Please remember that online deposits can be made via your Factsmtg.com account.

**If you have an allergy that requires you to have the Allergen Menu, please order in the morning at the register so a meal can be held for you. Quantities are limited.